This is the day which the LORD has made; Let us rejoice and be glad in it. Psalm 118:24

Today is a gift from the LORD for you to...

Seek Him and trust Him. (Matthew 6:33-34)

Make the most of <u>every opportunity</u>. (Ephesians 5:15-16)

Rejoice and be glad continually. (Philippians 4:4-8)

[READ Psalm 118:24]

## [Sermon Summary]

This is the day that the Lord has made. We only have today and should celebrate today in joy, because it is the only day we have. As believer's we spend a lot of time looking through the rear-view mirror and get stuck, because we cannot move forward looking backwards. Some of us are looking through the telescope into the future, and are paralyzed with fear of the future, or do not take advantage of today, because we are thinking of all we need to get done. We are to realize the gift the present is to us, and make the most of today. We as believers, should do this with joy despite our circumstances, because we have hope for the future, no matter what today brings.

## **Discussion Starters:**

[The discussion starters are designed to help each other apply God's Word to our week. The idea is to help others continually take steps of obedience to God's voice in our lives.]

What did God speak to you personally through the message this weekend? Are you naturally good at being present, and celebrating "today"? Are you able to trust God with your future plans, and live in the moment of "today"? What are some ways you can make the most of every opportunity that "today" brings? How can you help your group, or family make the most of "Today"? What are some helpful ways to be where you are at "today"?