

Praise God and seek Him: He is good (1-10)

Fear God and live righteous: He shows favor (11-22)

Questions for Discussion:

How have you experienced God's goodness in your life this past week?

How can gathering with God's people to praise Him help you when your week hasn't gone all that good?

What do you currently need to seek the Lord for?

What are some specific benefits of fearing the Lord and living a righteous life according to David?

Have you experienced such benefits personally?

If so, how?

Have you been the victim of someone with a hurtful tongue?

If so, was there ever reconciliation with that person?

Have you personally forgiven that person?

What are some helpful "tongue tamer" verses to meditate on and memorize?

Are you going through anything right now that you feel the need to draw near to the Lord and experience His presence and compassion?

If so, what's happening that you can share with your fellow group members and experience their love and support?